



**Tuesday,
January 7, 2020**



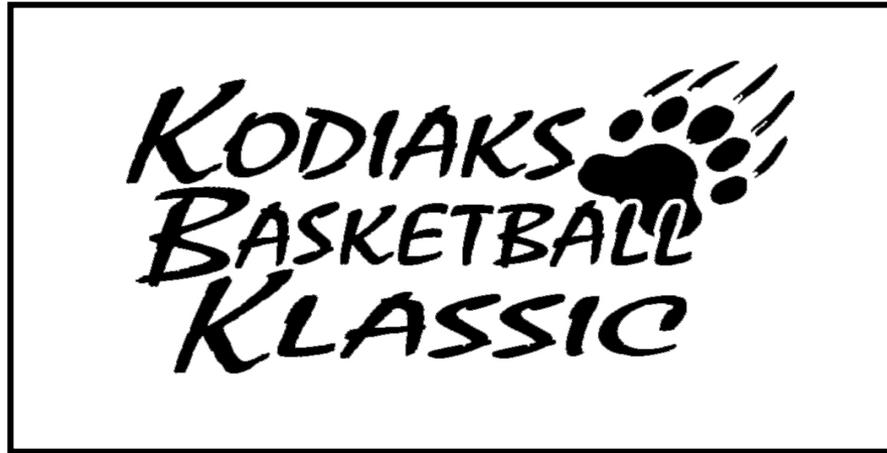
hAPPY new Year



BELL SCHEDULE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28
FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57
Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13
LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53
Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09
Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25

Senior Girls Kodiaks are playing in the



Friday January 10

Game 1: 1:15 pm - Heritage v Summerland

Game 2: 3:00 pm – McMath v Burnaby South

Game 3: 6:15pm - Summerland v Cowichan

Game 4: 8:00 pm – Handsworth v Burnaby South

Saturday January 11

Game 5: 10:00 am – Heritage v Cowichan

Game 6: 11:45 am – Handsworth v McMath

Watch the girls play this weekend.

GO KODIAKS!!!!

MULTICULTURAL DAY – January 9, 2020

**After school in the
Grand Hall**

- **Food from around the world**
- **Tickets 50 cents each**
- **Awesome cuisine**

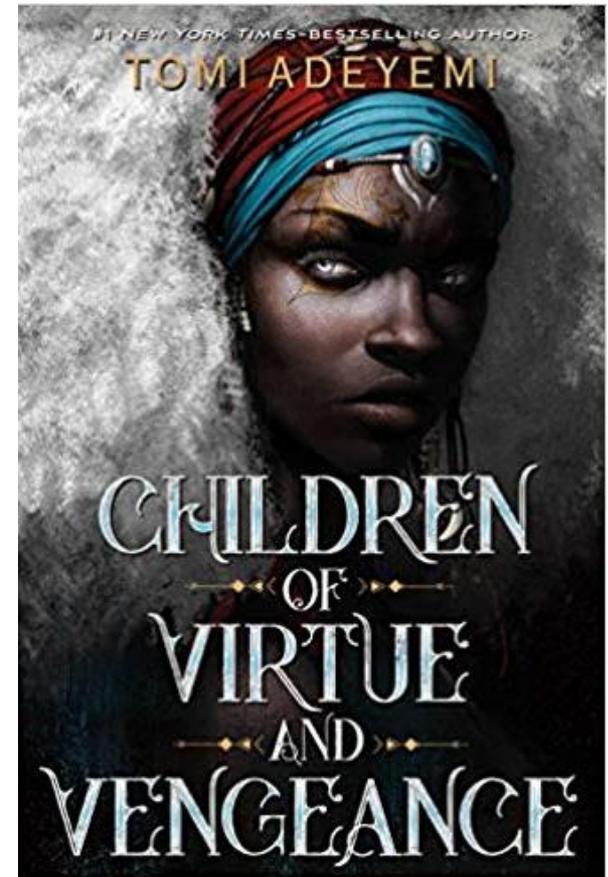
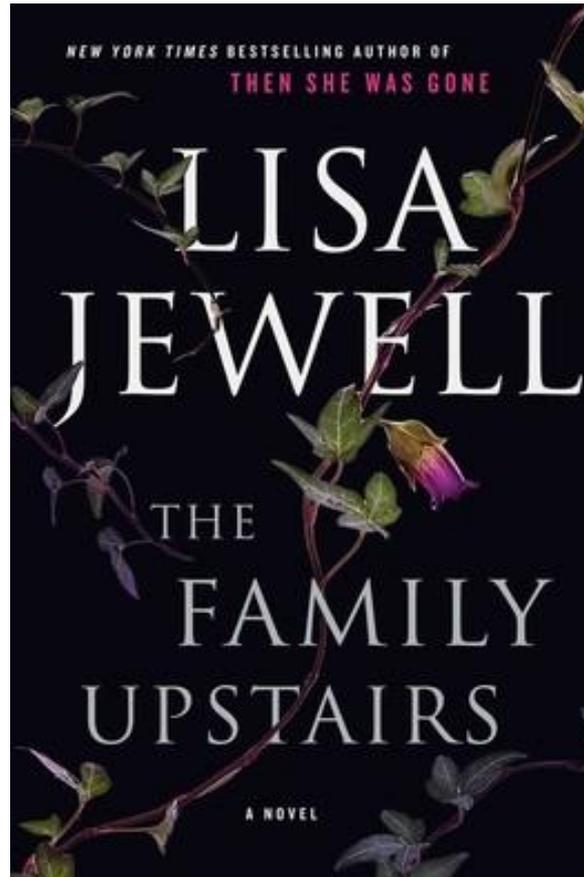


Europe Trip 2020 Meeting

All students who are coming on the Europe Trip in May, there is an important meeting at lunch ***next*** Tuesday, Jan. 14th in room 235.

Please see Mr. Chaffee if you have any questions.





**Come and check out the new books at the
HWSS Library**

LEMONADE SALE

January, 8, 2020

PINKADE COMING JANUARY 8.

REGULAR LEMONADE \$2

PINKADE LEMONADE \$2

SPARKLING LEMONADE \$3

SPARKLING PINK LEMONADE \$3

WE WILL HAVE RAFFLE AND THE WINNER WILL
RECEIVE A \$10 GIFT CARD TO STARBUCKS

GRAND HALL INFRONT OF THE GYM

WITH EACH LEMONADE COMES A RAFFLE TICKET TO WIN A JBL SPEAKER!!!!

Prices from \$1-1.75

Add a BOOM!!!!!! to your day

Come to the gym after school for
some quality lemonade

Lemon Grenade



What a great way to start off the new
year 2020 with some lemonade!

10% of profit to BCSPCA
What are you waiting for?

Lemonade Sale

Grand Hall by the Gym

After School Thursday January 9th.

10% of all profits will go to BC children's Hospital.



The Smart Choice



@big.brain.lemonade



@BigBrainLemons



@bigbrainlemonade@gmail.com



@Big Brain Lemonade

LEMONADE SALE!!!!



**\$70 IN
GIVEAWAYS!**

WHEN LIFE GIVES YOU LEMONADE



When: January 9 after school.



Where: by the gym



Price: \$1 for 1 + 1 RAFFLE TICKET.

\$1.50 FOR 1 CUP + 2 RAFFLE TICKETS



10% of profit goes to BCSPCA

Volunteers needed for HWSS Robotics Tournament

- Friday Jan 17 after school for 2 – 3 hours
- Saturday January 18, 10 am – 4 pm
- Free food & treats for volunteers
- See Mr. Zhuang in room 217 for details on specific tasks



Ocean Wise is proud to be launching our YouthToSea Spring and Summer Leadership Programs in 2020. This program is our AquaCamps Work Experience program, but amped up to offer more development/opportunity!

These programs are designed to offer youth (14-18) an opportunity to build their personal leadership, problem-solving and life skills. Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Students who complete the Leadership Program will receive:

120+ hours of volunteer service

Ocean Wise Animal Handling Certification

WHMIS Certification

CAN Autism Training

Ocean Wise Leadership Program Certificate of Completion

Opportunity to join member-only workshops/events at the Vancouver Aquarium

Valuable work experience and professional contacts

There will be an Information session on Tuesday January 14, 2020 at 7:00pm for interested youth and their parent or guardian. Please email workexperience@ocean.org to register to attend. Please see Ms. Butler in the Career Center for more info.



HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



SKI and SNOWBOARD TEAM

NEXT RACE: This Saturday January 11th. Be at the school by 5:45 for a 6 am departure.

MISSING SKI BOOTS: Did you accidentally pick up a pair of ski boots from the last race? See Mr Baldus if you have them.

CLUBS



HWSS ENVIRONMENTAL & OUTDOORS CLUB

- Love spending time outdoors?
- Interested in environmental sustainability and stewardship?
- Want volunteer hours?

Come join our club!

Meetings every Tuesday at lunch in room 307 (Mr. Modder and Ms. Wilson)



Model Club

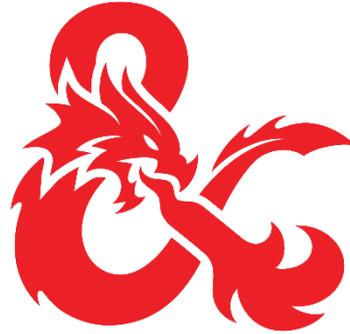
- Interested in Models?
- Gundam/Lego lover?
- Meet new people

**Room 243 after school
every Tuesday**

Contact us for more information
hwssmodelclub@gmail.com

We have all the
tools for you!!!





HWSS TCG & Tabletop Club

Meetings every
Tuesday at LUNCH in
the PORTABLE

Contact us at
hwsstcg.tabletop@gmail.com

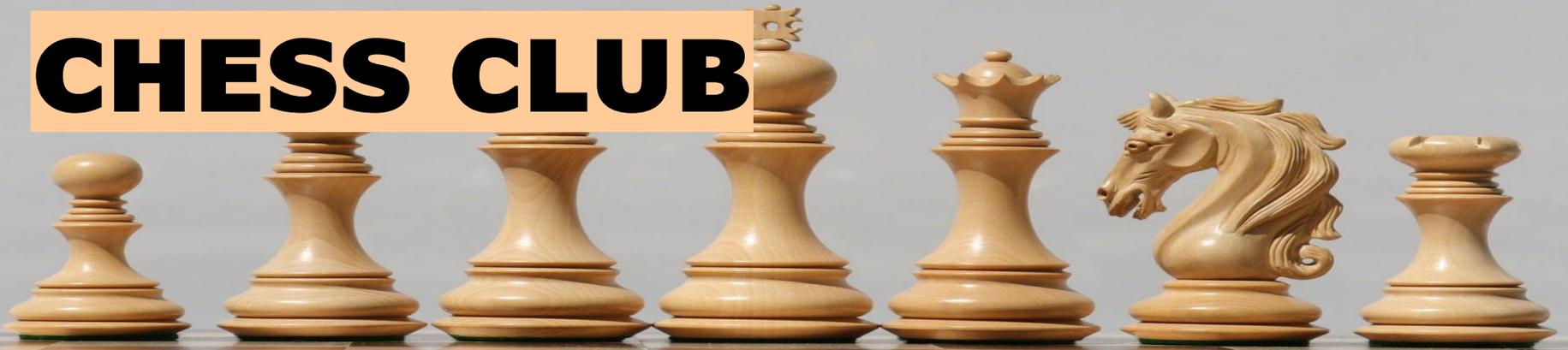
GAME DEVELOPMENT CLUB

Want to learn the process of creating a
unique video game with a team?
It's not all coding! Beginners welcome.

Every Tuesday at lunch in Room 210



CHESS CLUB



The Chess Club has started. Please come to room 309 at LUNCH (Monday-Friday) QUESTIONS: Please see Mr. Sun.

All levels are welcome. Come learn and play. Bring a lunch.



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Come join our club!

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BCSPCA

SPEAKING FOR ANIMALS

HWSS SPCA CLUB

- Are you an animal lover?
- Do you care about the lives of your furry friends?

Follow our
Instagram for more
info!
@hwss.spcacub

**GAIN VOLUNTEER HOURS &
MEET NEW PEOPLE!**

WHEN: TUESDAY @ LUNCH

WHERE: ROOM 207

WHY: RAISE AWARENESS FOR ANIMALS



FITNESS CLUB

- **INTERESTED IN LEARNING ABOUT FITNESS AND NUTRITION?**
- **DO YOU WORK OUT ALREADY AND INTERESTED IN SCHOOL WORKOUTS?**
- **NO EXPERIENCE NECESSARY!
ALWAYS TIME TO START AND LEARN!**



- **SEE MR. CIARDULLO FOR MORE INFORMATION! (ROOM 309)**
- **WHEN: TUESDAY @ 3:40 PM**
- **WHERE: WEIGHT ROOM**
- **WHAT: GYM STRIP MANDATORY,
WATER BOTTLE**



BUSINESS CLUB

- SIGN UP TUESDAY AT LUNCH NEXT WEEK IN ROOM 301
- MEET NEW PEOPLE
- LEARN ABOUT ALL DIFFERENT ASPECTS OF BUSINESS
- GAIN DIFFERENT SKILLS: LEADERSHIP, PROBLEM SOLVING, TEAMWORK, PUBLIC SPEAKING, ETC!
- CONTESTS! ACTIVITIES! FUN!

Attention Ski/Snowboard Club Members – Apex Trip Students



Important Meeting
Tuesday, January 7
Room 314



SKI & SNOWBOARD CLUB

Sign Up in
Room 314

Next Trip:
January 18

SKI & SNOWBOARD CLUB

Want to shred at Whistler?



Space is becoming limited...

Jan. 18 – FULL - waitlist started

Feb. 8 – 5 spot left

Mar. 7 – 10 spot left

Attention Ski/Snowboard Club Members



Want to shred at Apex Mountain Resort?

Dates: Feb. 20-22

Sign up forms available in Room 314

See Mr. Moretti for details

CAREER CENTER



Attention Grade 12 Scholarship Seekers:

You can now find internal nomination applications on the Career Centre website for the following scholarships:



Schulich Leader Scholarship – due January 10, 2020 3:30 pm

Remember to check back regularly as more scholarships are posted.

<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>

Follow @HWCareerCentre on Twitter for scholarship information

On the HWSS APP select scholarships for up to date information.

We will have a Canadian Coast Guard College Recruitment Officer at Heritage Woods on January 14th at lunch in the Grand Hall to discuss with students the post-secondary opportunities available.

The Canadian Coast Guard Officer Training Program offers high school graduates a post secondary education in two streams: Marine Engineering or Marine Navigation. As a result of our four year program, the Officer Cadets will obtain the following:

- Bachelor of Technology in Nautical Sciences
- Canadian Coast Guard College Diploma
- Commercial Certification issued by Transport Canada
- Guaranteed employment with the Canadian Coast Guard upon graduation

Joining the Canadian Coast Guard Officer Training Program, Officer Cadets will receive throughout the four year training program:

- a tuition free education
- a monthly allowance,
- free room and board, textbooks and uniforms etc.

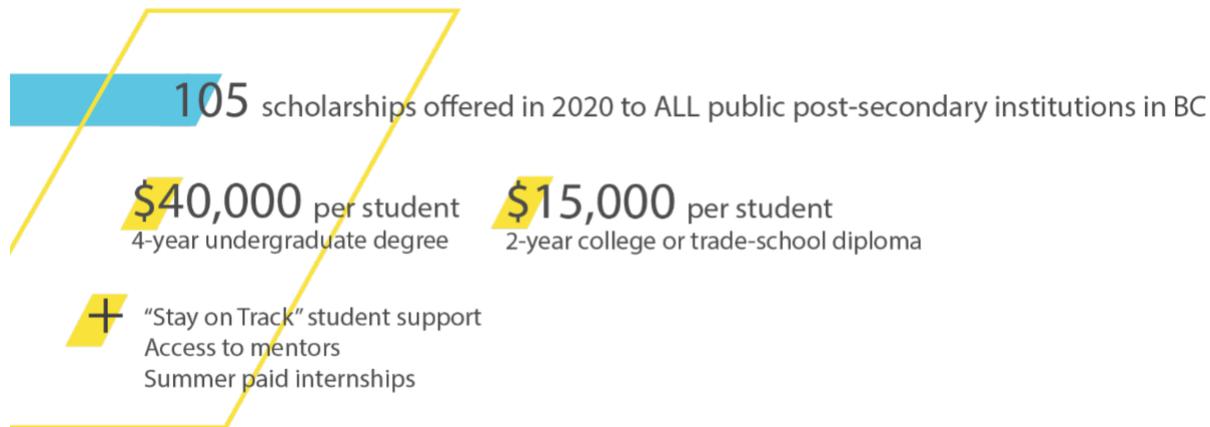
Those who join the Officer Training Program become a government employee from the first day of the Officer training program and their job title is Officer Cadet. They will receive:

- medical and dental plan coverage,
- pensionable service
- 4 weeks of paid vacation per year

High school students can apply to the Officer Training program in their grade 12 year.

Beedie Luminaries Class of 2020 Scholarship Applications Are Now Open!

Bright minds are more than grades, and our scholarship is more than money. We give students what they need for a brighter future.



We look for the diamond in the rough.

We look beyond the grades.

We look for potential because we believe investing in our youth has the potential to transform families and communities.

Do you know of a student or students who fit this criteria? Please let them know about Beedie Luminaries and encourage them to [APPLY](#) today!

The 2019/2020 Applications are open until January 20, 2020, 9:00 am PST.

Could you be our 2020 award winner?

Other people talk about making the world better. You actually did something.

Presented annually, the *Weston Youth Innovation Award* was created to encourage and recognize young Canadian innovators. It provides students aged 14 to 18 a unique way to share their ideas and get the word out to a much larger audience! Interested? Why not tell us about your accomplishments? You could be the next Weston Youth Innovation Award winner.

Who is eligible?

- We look for individuals or groups who:
- are between the ages of 14 and 18,
- have used science and/or technology as the basis for developing creative and innovative ideas aimed at solving real-world problems,
- put their ideas into action and as a result, have had a positive impact either in their own community or on a broader scale.

For more information on how to apply visit: <https://www.ontariosciencecentre.ca/innovationaward/#howtoapply>

- \$15,000 first-place prize
- \$8,500 second-place prize
- \$3,500 each for up to three additional finalists
- Your project featured in an Ontario Science Centre exhibit

Application deadline: February 07, 2020

REPEAT NOTICES





VOLUNTEER

with Port Coquitlam Recreation!

WINTER 2020 OPPORTUNITIES FOR YOUTH

PORT COQUITLAM RECREATION

WHY VOLUNTEER?

- Gain work experience hours for graduation
- Develop your leadership skills
- Build your resume and earn a reference letter
- Make a difference in your community
- Explore career opportunities in Recreation

Apply now! Application deadlines are January 3rd for Winter Programs and March 5th for Spring Break Camps.

HOW DO I GET STARTED?

1. Visit www.portcoquitlam.ca/volunteer
2. Select your area of interest and click "Apply Now!"
3. Fill out an Application Form.
4. All volunteers will be required to complete an Interview, Criminal Record Check and Orientation

CHILDREN SERVICES

AFTERSCHOOL PROGRAMS

Have fun and help kids keep healthy and active with Afterschool Active at Hyde Creek Rec Centre or Beyond the Bell at local elementary schools! Programs include Art Attack, Soccer, Basketball, Sports & Games and more!

Commitment: 2 hours/week for 8 weeks (16 hours)

- Requirements:**
- Must be 15 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with children

SPRING BREAK CAMPS

Make the most of your Spring Break with our *amazing* Spring Break camps, including Sneakers and Jr. Sneakers Children's Camps, Children's Art Camps, and more. Assist with games, craft activities, out trips and more!

Commitment: 40 hours/week for 1 week (40 hours)

- Requirements:**
- Must be 15 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with others

SKATING & BIKE PROGRAMS

SKATE LESSON ASSISTANT

Have fun and gain experience assisting Learn to Skate Instructors teach children ages 2 to 13 basic skating and hockey skills in a fun and supportive program.

Commitment: 2.5 to 4 hours/week for 8 weeks

- Requirements:**
- Must be 14 years of age or older
 - Empathetic and enthusiastic
 - Able to skate forward and backward with good balance and control

AQUATICS

SWIM LESSON ASSISTANT

Gain lifeguarding experience by assisting Water Safety Instructors in the delivery of the Red Cross Water Safety Programs to participants of all ages.

Commitment: 2 hours/week for 10 weeks (20 hours)

- Requirements:**
- Must be 13 years of age or older with Bronze Cross and Youth Aquatics Volunteer Training OR 15 years of age with Water Safety Instructor training
 - Experience working with children an asset

LEISURE BUDDIES

Provide one-on-one support to a child or youth facing barriers to participation in skating lessons, swimming lessons, camps and other programs. Assist participants in focusing on tasks, encouraging participation, providing additional instruction or helping with language barriers.

Commitment: Average of 1-2 hours/week for 8 weeks (Varies by program)

- Requirements:**
- Must be 13 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with others

ADOPT A SPOT

Adopt a Street, Park or Trail in Port Coquitlam. Perform litter clean-ups at least once per month and report any issues to the City. Set your own schedule and gain volunteer hours while helping to keep Port Coquitlam clean, green and beautiful.

Commitment: Minimum 1 clean up/month for 1 year

- Requirements:**
- Must be 16 years of age or older OR 13 years of age with a parent or guardian
 - Comfortable working independently outdoors

Volunteer Opportunity - City of Coquitlam



**Lend a helping hand this winter season –
Volunteer to be a Snow Angel!**

**Help those who are unable to clear the
snow from their City sidewalks after
a snowfall.**

- ❖ Training, shovels, reflective vests, scarves and toques provided.
- ❖ Snow Angels must be 16 yrs of age or older or accompanied by an adult

*This is a great opportunity for family and friends to
volunteer together!*